

Events & Services

Tuesday	9.15am - Morning Prayer
3	2.15pm - Mother's Union AGM & Pancake social
Thursday	9.30am - 12pm - Parish Office open
5	9.30am - Midweek Communion

Next Sunday: 8 February - The Second Sunday before Lent

9.30am - Zest
11am - Holy Communion

First time here?

Welcome! It's so good to see you. We'd love for you to join us for refreshments and a chat in the Parish Room between the services. We can answer any questions or just get to know you better, whether you are visiting or looking for a new church to call home! Please fill out a 'New to St John's' form so we can stay in touch.

Parish Office

The Parish Office is open Thursday mornings from 9.30am—12pm. The administrator works remotely Tuesday & Wednesday and is contactable via email or mobile (details below). If you need to come into the office on another day, please contact to arrange.

Contact Us

Vicar: Rev Joanna Glenwright vicar@stjohnmenston.org.uk 07502579658
Associate Priest: Rev Andrew Howorth associate@stjohnmenston.org.uk
Parish Office: office@stjohnmenston.org.uk 01943 872433 07440289248

Parish Notes - 1 February 2026

The Fourth Sunday of Epiphany

ST JOHN THE DIVINE, MENSTON

Today's Services

9.30AM **ZEST** - AN INFORMAL AND CREATIVE AND CREATIVE TIME OF WORSHIP

Please note: there are no refreshments between the services

11.00AM **HOLY COMMUNION** - TRADITIONAL WORSHIP (CHURCH OF ENGLAND)

Readings: Hebrews 2: 14 - end (New Testament p.216)
Luke 2: 22 - 40 (New Testament p.56-57)

Hymns: Lead us heavenly Father, lead us
Virgin born, we bow before thee
Let all mortal flesh
Loves divine, all loves excelling



Parish Notices

PARISH ROOM - NO REFRESHMENTS BETWEEN SERVICES

Please note that the Parish Room is inaccessible from the afternoon of 23 January - 2 February due to redecorating. As a result, there will be no refreshments between the services today, Sunday 1 Feb.

QUIET MINI-RETREAT DAY - SATURDAY 7 MARCH 10AM-2.30PM

The mini-retreat will be led by Andrew in the Parish Room - all are invited to join. It will include quiet meditation, opportunities for silence both together and separately, a simple lunch and will end with communion. There will be an opportunity for people to make a donation to cover the cost of the lunch. Please sign up on the sheet at the back of church.

KINTSUGI HOPE WELLBEING GROUP

Being human can be tough, we all face challenges and emotional strain. In the New Year, St John's are offering a Kintsugi Hope Wellbeing Group. This group will offer a safe space to join together to reflect over 12 sessions on the following: Honesty, Anxiety, Depression, Shame, Anger, Disappointment and loss, Perfectionism, Forgiveness, Self-acceptance, Healthy relationships, Resilience, Review. It is not therapy nor counselling but simply a safe space to reflect together. Please register your interest by emailing the Parish Office.

PARISH OFFICE

The Parish Office will be closed for one week beginning Monday 16 February.

MUSIC IN THE AIR

Music in the Air returns Saturday 7 March, 3-5pm. Join us to hear local musicians of all ages making music for local people. Tickets £5 (children free) including refreshments from Marilyn Banister or the Parish Office.

UNLOCKING/LOCKING ROTA

Would you be interested in serving our church by joining the locking/unlocking rota? The role would involve unlocking the church on a set weekday morning and/or locking up in the afternoon or evening. Please contact the Parish Office or chat to a warden if you think you could help.

We Pray For

Healing, comfort, support and courage for all who need it, especially: Jane P, Francesca, David and Pat, Janet H and family, Gwyneth, and Margaret and Ted. Lord have mercy on them in their need and suffering, help and sustain them and give them hope and trust in you. Amen.

Memorial Book: Blanche Cooper, Joan Minford, Norma Howorth, Marjorie Moorhouse, Mabel Wood, Margaret Wilkinson, John Jefferson, Jeanette Rawcliffe, Gladys Smith, Donald White, Jamie Ridealgh, Ray Hudson, Betty Sharp, Elizabeth Barber, Samuel Midgley, Ken Milnes

Can we be praying for you? You may be going through a new phase or a personally challenging time and we would love to hold you and your needs up to God in prayer. Please let us know via a friend, the clergy or the office if you would like to be added to the prayer list. We commit to pray for a month and your request for specific prayer can be renewed if you'd like.



To give towards the work of St John's, here and more widely, scan the QR code. For more information and other ways to give visit www.stjohnmenston.org.uk/giving
Registered charity number: 1129823