

## Events & Services

**Tuesday** 9.15am - Morning Prayer

27

**Thursday** 9.30am - 12pm - Parish Office open

29 9.30am - Midweek Communion

10.15am - Magazine Collating in Church

**Next Sunday: 1 February - The Fourth Sunday of Epiphany**

9.30am - Zest

11am - Holy Communion

### First time here?

Welcome! It's so good to see you. We'd love for you to join us for refreshments and a chat in the Parish Room between the services.

We can answer any questions or just get to know you better, whether you are visiting or looking for a new church to call home! Please fill out a 'New to St John's' form so we can stay in touch.

### Parish Office

The Parish Office is open Thursday mornings from 9.30am—12pm. The administrator works remotely Tuesday & Wednesday and is contactable via email or mobile (details below). If you need to come into the office on another day, please contact to arrange.

### Contact Us

**Vicar:** Rev Joanna Glenwright [vicar@stjohnmenston.org.uk](mailto:vicar@stjohnmenston.org.uk) 07502579658  
**Associate Priest:** Rev Andrew Howorth [associate@stjohnmenston.org.uk](mailto:associate@stjohnmenston.org.uk)  
**Parish Office:** [office@stjohnmenston.org.uk](mailto:office@stjohnmenston.org.uk) 01943 872433 07440289248

## Parish Notes - 25 January 2026 The Third Sunday of Epiphany

ST JOHN THE DIVINE, MENSTON

### Today's Services

**9.30AM** **ZEST** - AN INFORMAL AND CREATIVE AND CREATIVE TIME OF WORSHIP

*Please note: there are no refreshments between the services*

**11.00AM** **HOLY COMMUNION** - TRADITIONAL WORSHIP (CHURCH OF ENGLAND)

Readings: Galatians 1:11-16 (New Testament page 184)  
Matt 19:27-end (New Testament page 20)

Hymns: King of Glory, King of Peace  
How Sweet the Name of Jesus Sounds  
Take My Life  
Longing For Light



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# Parish Notices

## PARISH ROOM - NO REFRESHMENTS BETWEEN SERVICES

Please note that the Parish Room is inaccessible from the afternoon of 23 January - 2 February due to redecorating. As a result, there will be no refreshments between the Sunday services on 25 February and 1 Feb.

## QUIET MINI-RETREAT DAY - SATURDAY 7 MARCH 10AM-2.30PM

The mini-retreat will be led by Andrew in the Parish Room - all are invited to join. It will include quiet meditation, opportunities for silence both together and separately, a simple lunch and will end with communion. There will be an opportunity for people to make a donation to cover the cost of the lunch. Please sign up on the sheet at the back of church.

## KINTSUGI HOPE WELLBEING GROUP

Being human can be tough, we all face challenges and emotional strain. In the New Year, St John's are offering a Kintsugi Hope Wellbeing Group. This group will offer a safe space to join together to reflect over 12 sessions on the following: Honesty, Anxiety, Depression, Shame, Anger, Disappointment and loss, Perfectionism, Forgiveness, Self-acceptance, Healthy relationships, Resilience, Review. It is not therapy nor counselling but simply a safe space to reflect together. If you would be interested in being part of a Wellbeing Group please register your interest by emailing the Parish Office.

## STAY & PLAY AT ST JOHN'S

As the school term began again, so did our toddler group! Stay&Play takes place every Friday during term time at 9.30am in the Parish Room. Please note, there will be no session on Friday 30 January.

## FUNERAL OF EILEEN POSTILL - FRIDAY 30 JANUARY, 11AM

All are welcome to the funeral of Eileen Postill at St John's.

## UNLOCKING/LOCKING ROTA

Would you be interested in serving our church by joining the locking/unlocking rota? The role would involve unlocking the church on a set weekday morning and/or locking up in the afternoon or evening. Please contact the Parish Office or chat to a warden if you think you could help.

## We Pray For

**Healing, comfort, support and courage for all who need it, especially: Jane P, Francesca, David and Pat, Janet H and family, Gwyneth, and Margaret and Ted. Lord have mercy on them in their need and suffering, help and sustain them and give them hope and trust in you. Amen.**

**Memorial Book:** Marjorie Muschamp, Phyllis Goodison, Nellie Turton, Richard White, Patricia Ann Hindle, Carol Morris, Leslie Jagger, Catherine Allewell, Florence Watkinson, Fred Nuttall, Nan Dodd

*Can we be praying for you? You may be going through a new phase or a personally challenging time and we would love to hold you and your needs up to God in prayer. Please let us know via a friend, the clergy or the office if you would like to be added to the prayer list. We commit to pray for a month and your request for specific prayer can be renewed if you'd like.*



To give towards the work of St John's, here and more widely, scan the QR code. For more information and other ways to give visit [www.stjohnmenston.org.uk/giving](http://www.stjohnmenston.org.uk/giving)  
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